

Brad targets first Triathlon.

Local Real Estate agent Brad Sobott has taken the plunge and committed to competing in his first ever triathlon at this years Fish D'Vine Airlie Beach race in September.



In the lead up to the event Brad has been training as often as he can with members of the Whitsunday Triathlon Club in an attempt to improve his performance on the big day. Of all the disciplines it has been the swimming that has proved the biggest challenge. He has coped well with the few rides he has managed to fit in on a borrowed bike and has improved his running over the last few weeks enabling him to successfully complete this year's Hamilton Island Hilly Half Marathon in April. "If I can survive the swim it all gets better from there" said Brad. "its not that I wont make the distance but the speed could be better".

Brad, who relocated to the Whitsundays from Sydney with his wife Noelana and young family, is enjoying the areas' outdoor lifestyle and the fun of training for an event like a triathlon with an enthusiastic group of people has proved attractive enough to regularly get him out of bed before the sun comes up to hit the road.

"The beauty of a triathlon like Airlie Beach is that the distances, 750m swim, 20km ride and 5km run make it do-able for lots of people - especially when you can form a team if there is one of the legs you just can't manage," said Brad.

Brad will be lining up on September 5th with an anticipated field of well over 200 hopefuls to participate in this ever popular event, now in its twelfth year. "I don't expect to rip up the course," said Brad "but I am looking forward to the challenge and the satisfaction of completing my first Tri".

More information about the race and online entry can be found at www.whitsundaytriclub.com